

yogasutra } studio

TORINO, SEPTEMBER 24-27, 2020

YOGA SUTRA STUDIO

ASHTANGA VINYASA YOGA TORINO

presents

KRISTINA KARITINOS-IRELAND



Certified Ashtanga Yoga Teacher

For information and booking:

Yoga Sutra Studio – Via Maria Vittoria 35, Torino Tel. + 39 347 3012752
yogasustrastudio@gmail.com – www.yogasustrastudio.com

SCHEDULE:

❖ SEPTEMBER 24th and SEPTEMBER 25th

From 6 to 8 am: ZEN CHANTING AND MYSORE STYLE CLASS

❖ SEPTEMBER 26th

From 8 am to 10 am: ZEN CHANTING AND MYSORE STYLE CLASS

From 10,30 am to 12,30 pm: CLINIC CLASS LED INTERMEDIATE SERIES

❖ SEPTEMBER 27th

From 8 am to 10 am: ZEN CHANTING AND MYSORE STYLE CLASS

From 10,30 am to 12,30 pm: CLINIC CLASS PRANAYAMA, MEDITATION, Q&A

PRICES:

FULL WORKSHOP	€ 200
Pass practice only (4 Mysore classes)	€ 120
Two days full workshop (Saturday and Sunday)	€ 160
One day pass: full Saturday or full Sunday:	€ 90
Drop-in 1 practice	€ 40
Drop-in 1 clinic class (Saturday or Sunday)	€ 50

Early bird: Special Deal Full Workshop € 170 for reservation before August 20th, 2020.

Please note: for those who are not Yoga Sutra Studio asd students, Membership card 2020/2021 valid to attend workshops: €15

Full rates are to be paid in advance at:

Yoga Sutra Studio A.S.D. - Credito Valtellinese c/c 94726

IBAN: IT64Q0521601000000000094726

causale: workshop Kristina Karitinos-Ireland

In case of cancellation:

- Before August 31st, 2020: 100% refund
- After August 31st, 2020: no refund

In case Yoga Sutra Studio will cancel the workshop due to Covid-19 restrictions, rates will be fully refunded.